



# You

End of Year 2020

## Yarrunga Offerings & Updates

### **2020 - Wow!**

Who could ever have predicted 2020?

Socially, it felt like a year of hibernation, but professionally it was a year of massive growth and change, and we are moving rapidly towards 2021 feeling enthusiastic and positive about the year to come.

2020 was a year that 'asked' us to look at the way we run our programs and our administration, and to make changes to adapt to the new circumstances in which we found ourselves. It was a great opportunity to test our ability to adapt quickly and embrace all that technology could offer to help broaden our offerings to participants and streamline how we operate.

We are proud of how staff, tutors and participants of Yarrunga were able to adapt and support each other, and we know this will continue throughout 2021 as we embrace the new opportunities.



*Emerging from our 2020 COVID cocoon,  
and we are ready to take flight in 2021!*

# 2020 Achievements

## What we delivered:

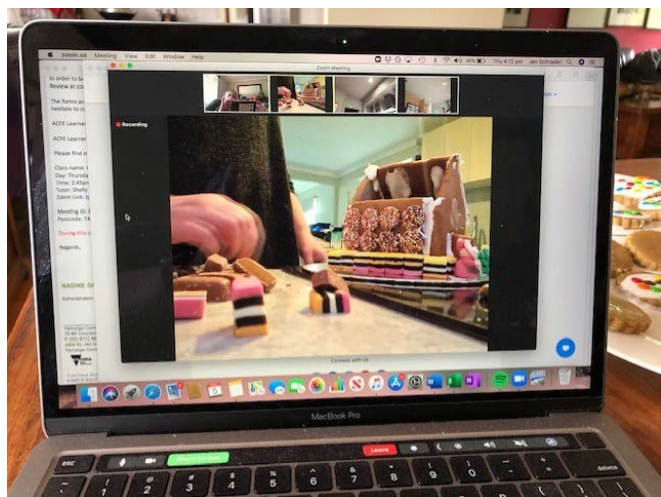
- 17 health and wellbeing programs delivered online each week
- 6 social groups, with a combined membership of 50, have met each week
- Supported 90 members of the Yarrunga Retirees group to stay connected via Zoom, email and phone support
- Assisted the ACFE Enterprise Skills Karen Sewing group to create 150 scrubs for health workers, and 500 masks for retail and free to their own community
- 50 calls per week to assist people with their digital connections
- Provided weekly community virtual lunches
- 100 weekly phone check ins to members
- Over 120 pieces knitted for the Knit One Warm One project for Maroondah City Council
- 25 pieces of digital equipment on loan to the public to help them remain connected to family and community



*The Yarrunga Yarners were hard at work supporting community projects*



*Classes being run online*



## 2020 Achievements cont.

**Work undertaken at the Centre** (many thanks for the various business support grants from the Government!):

- New blinds installed throughout
- Split system air conditioning installed in the Foyer and Room 3
- New microwave
- New chairs for Rooms 1, 2 and 3
- New carpet and vinyl flooring in Room 4
- New vinyl flooring in the Art Room
- New fly screens on the windows
- Mulch in the children's area and fresh sand in the BMEL Centre
- Weeding the garden outside the BMEL entrance (unfortunately COVID didn't stop weed growth!)



*Mulch for the children's play area getting blown in*

*Preparing the floor in the art room for new vinyl*



*Unpacking the new chairs for Rooms 1, 2 and 3*

## 2020 Achievements cont.



*New blinds installed throughout the Centre!*



*While the staff were away the weeds were staging a takeover*




# 2020 Achievements cont.

## New Technology:

- Electronic sign in with contact tracing ability in the Foyer
- Digital enrolments forms and medical self-assessment forms
- New back-end computer system - Social Planet
- Blended delivery - online programs via Articulate and Moodle to assist our adult education programs
- Video conference equipment to offer continued participation via Zoom

## Training and Professional Development:

Staff have been taking full advantage of the many different trainings that have been available. Our new skills include:

- Computer Apps - Canva (design tool), Trello (project management tool), Google Docs (document sharing tool)
  - Articulate and Moodle - online course development software
  - Jot Forms - to put all our forms online instead of on paper
  - Productivity tools - like To Do lists that can be shared
  - CALD Training - how to work better with people from the culturally and linguistically diverse community
  - Mental Health First Aid
  - Accidental Counselling
  - ALNPP - working to improve literacy and numeracy components in our Adult Education programs
  - COTA Training - including lots of ideas to work with exercise and wellbeing programs online
  - Social Planet - a new platform for recording enrolments, scheduling classes and activities, organising facility hire and more
  - Wellbeing Training
  - 'Getting Started on Blended Delivery' training
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# Looking Ahead to 2021

We have a couple of new (and existing) programs and activities that might be of interest:

## Fit Drum / SFL

A new class that combines drumming on fitballs with the principles and some exercises from Strength for Life. The class will run on Thursdays 11am - 12pm.

Want to know a little bit more? Check out this quick video:  
<https://www.youtube.com/watch?v=imXohrKPqDA>



## Yarrunga Wellbeing Hub

A new social group for people interested in sharing ideas and experiences on improving wellbeing. This group will meet on Fridays 10.30am - 11.30am.

## Mixed Media Art and Craft

For the 'creatives' among us, this new program will teach you skills in various art mediums. This is an ACFE funded program that will run on Fridays from 10am



## Practical Computer Skills

An existing program that has had great results for the participants. If COVID taught us anything it was to get better at using technology! Thursdays 9.45am - 12.45pm.



## **Thank You**

Once again our wonderful community has demonstrated its generosity and kindness with the donation of items for the 'Winter Shelter Build Your Own Christmas Hamper' program. Thank you for sharing the spirit of Christmas.



## **Holiday Dates**

The Centre will close at midday on Thursday 17 December, and we will re-open to the public on Monday 18 January at 9am.

## **Christmas Greetings**

Wishing all of our Yarrunga Community the very best for the holiday season and the new year.

Stay Safe. Be Kind. Laugh.

